

A KITCHEN'S BEST FRIEND

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Keeping things hot and spicy, celebrity yogi Atilia knows what's best for her kitchen - her Fotile W Hood.



As a celebrity who loves to cook, Atilia showed us her skills in the kitchen, cooking some deliciously spicy dishes with her Fotile W Hood.

Yogi expert and Fotile buyer, Atilia Harun, 42, loves food as much as she loves yoga. As an active celebrity, teaching yoga almost every day, Atilia definitely has an appetite for good food, and with a Malay-Indian-Chinese background, her life certainly revolves around food. What's even better though is that she loves to cook for herself, as she explained to us, "I love to cook! I learnt from my mum, so the dishes I tend to make are spicy Malay dishes with lots of spices."

Regardless of what she cooks, she always insists on adding spice to it, as she did with her western, but not-so-western style spaghetti Bolognese that she made for us at the recent photo shoot with Fotile. Preparing the dish with plenty of fresh ingredients, Atilia told us that cooking food at home is much nicer and healthier than eating out, as firstly you control what you put in, and in Atilia's case, extra chillies, because for her you can never have enough.



Atilia prepared one of her super quick and easy spicy lamb dishes. Drooling!

Despite having a hectic schedule, for Atilia, cooking must be "quick, easy and delicious", and one thing that certainly helps her out in the kitchen is the technology and equipment she uses. With the right products, cooking couldn't be easier and more enjoyable, and Fotile's W Hood has made Atilia's cooking experiences even better.

As Atilia told us, "The thing that's so special about Fotile, is the Fotile W Hood. It literally traps grease and smoke, and everything just gets extracted into the hood so the kitchen is clean and clear. Not only is it pretty in my kitchen, as the stainless steel matches anything, cleaning it is so easy too! Simply open the hood panel and wipe it all down - no stains, no oil...nothing! It's that simple. This is great of course, because less cleaning time means more fun time!"

the smoke accumulation area of Fotile W to 0.21m², ensuring that grease and smoke cannot escape from any of 4 sides of the hood makes cooking at home so pleasurable. "There are no odours mingling around the kitchen and they don't get absorbed into the clothes you're in either", explains Atilia, meaning she can go straight from the kitchen to the studio.

The sleek stainless-steel wing-like Surround Suction Plates on the Fotile W, achieves a 95% oil filtration rate and 97% odour reduction rate. Being super quiet too, at a low noise level of 49decibels, it's no surprise Atilia loves her new kitchen addition. Even with a packed schedule, cooking at home couldn't be easier, with the Fotile W Hood. **CHX**

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One of the features like the Innovative Surround Suction Technology, which increases